



# Opportunities to meet others looking after a family member or friend

Support for unpaid carers across  
Cambridgeshire and Peterborough



[caringtogether.org](http://caringtogether.org)

# You can meet with other people looking after a family member or friend

## Find a carers hub to suit you

### Peterborough - adult carers and parent carers

There are no regular hubs in Peterborough, but we offer standalone wellbeing days, café meet ups and occasional trips. Please see our website for upcoming events in Peterborough.

### Parent carers

Third Wednesday of the month  
10.00am-11.30am



### Huntingdon - adult carers

Second Tuesday of the month  
10.30am-12.30pm  
The Coneygear Centre  
Butts Grove Way  
Huntingdon PE29 1PE



### Wisbech - adult carers

First Wednesday of the month  
10.30am-12.30pm  
Rosmini Centre  
69A Queen's Road  
Wisbech PE13 2PH



### Girton - adult carers

Third Tuesday of the month  
11.30am-1.00pm  
Arlington Manor Care Home  
Wellbrook Way  
Girton CB3 0FW



### Ely - adult carers

First Thursday of the month  
10.30am-12.30pm  
Paradise Centre  
Newnham Street  
Ely CB7 4PE



### South Cambs - parent carers

Fourth Thursday of the month  
10.30am-12.30pm (term-time only)  
David Rayner Centre  
20 Cambridge Road  
Great Shelford CB22 5JT



### Great Shelford - adult carers

Second Thursday of the month  
10.30am-12.30pm  
David Rayner Centre  
20 Cambridge Road  
Great Shelford CB22 5JT



Our carers hubs offer opportunities for you to meet other unpaid carers, have peer-to-peer support or professional support from one of our advisors, enjoy relaxing activities and hear from local speakers. You are welcome to attend with the person you look after.

There is no cost to join a carers hub and refreshments are provided.



Face-to-face



Online



## How you can receive support

Caring Together Charity offers in-person support opportunities for unpaid carers across Cambridgeshire and Peterborough, including our carers hubs, trips/activities and carer learning sessions. We also visit other carers' groups and events for carers where we can provide you with support and information.

Our programme of learning opportunities for adult carers and parent carers enables you to feel more confident in your caring role. Sessions are a mixture of in-person, face-to-face and online. There are a range of session lengths from short, bite-sized topics to longer part-day sessions, so there should be something to suit all.

Contact us to find out more about any of these opportunities.

## Interested in joining us?

Sign up to inside news, our regular email newsletter, at [caringtogether.org/keepintouch](https://caringtogether.org/keepintouch) to stay updated on everything that is happening and be the first to know about trips and activities.

Please contact us before going to a carers hub as dates and venues can change, including due to trips being held.

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### Caring Together Charity

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